

## **Integrative Acute & Urgent Care Symposium**

Dates: 24-27th February 2025, Norfolk Island Venue: Norfolk Island Health Care Service, 2 Grassy Road, Norfolk Island, 2899



# **Norfolk Island Travel Overview for Symposium Attendees**

Norfolk Island, known for its incredible "Norfolk" pines, it's role in the relocation of descendants from the famous "Mutiny of the Bounty", its harsh period as a penal colony and its picturesque swimming and scenery. Norfolk presents a rich melting pot blending history with a sub-tropical island escape. A unique destination that is unlike anywhere in Australia which is hard not to fall in love with. Relying on a ship once a month (weather permitting) for all its resources, be prepared to go without certain items and embrace what is available. If you pass a car, a short way is customary, every single time... it's a hard habit to drop when you return home. Maybe Australia's best kept secret, Norfolk Island is truly a magical location.

### **Getting There:**

Norfolk Island, a remote and picturesque destination, is easily accessible by a 2.5-hour flight from Brisbane, Sydney, or Auckland via Qantas and Air Chathams.

#### **Accommodation:**

The island offers a variety of accommodations tailored to different preferences:

- Luxury Stays: Premium hotels and resorts with ocean views and top-tier amenities.
- Self-Contained Apartments and Villas: Ideal for families or groups, these provide privacy and convenience with kitchen facilities.
- Cottages and Bungalows: For a more intimate experience, these options are nestled in gardens or offer stunning sea views, perfect for a peaceful retreat.
- Budget Options: Comfortable and affordable guesthouses and motels cater to those looking for cost-effective stays without compromising on quality.

#### **Activities:**

Norfolk Island boasts a wide range of activities that blend history, adventure, and relaxation:

- Historical Exploration: Visit the Kingston and Arthur's Vale Historic Area, a UNESCO World Heritage site, to immerse yourself in the island's convict history.
- Outdoor Adventures: Hike through the lush Norfolk Island National Park, snorkel in the clear waters of Emily Bay, or enjoy birdwatching for unique species.
- Cultural Experiences: Engage with the local culture through traditional feasts, island tours, and craft markets featuring local artisans.
- Relaxation: Unwind on pristine beaches or indulge in a luxurious spa day.
- Golf: Golf enthusiasts can enjoy a round at the scenic 9-hole course set against a backdrop of breathtaking ocean views.
- Fishing: Perhaps some of the best fishing you'll experience in your lifetime with a wide variety of options available.

#### **Ground Transportation:**

To fully explore Norfolk Island, renting a car is recommended/a must. The island is small but too big to walk and very hilly, a hire car allows you the freedom to visit beaches, forests, and historical sites at your own pace. Public transport isn't something that you can expect to cater to your needs.

## Why Visit?

Norfolk Island's unique blend of history, natural beauty, and cultural richness makes it an enticing destination for all types of travellers. Whether you're seeking adventure, relaxation, or a mix of both, the island's diverse offerings ensure a memorable experience. Its tranquil environment, combined with a wealth of activities and comfortable accommodation options, makes it an ideal location for a rejuvenating getaway or an inspiring conference venue.

For further details and to plan your stay, visit <a href="https://www.norfolkisland.com.au/">https://www.norfolkisland.com.au/</a>



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